

Alto Recorder

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BANISH GLOOM!

for

Soprano
Alto
&
Tenor
Recorders
Ankle Bells & Tambourines

ANNA RUBIN

BANISH GLOOM!

ANNA RUBIN

Player faces front
Freely, poignantly, lyrically

Alto Recorder

10

mf

3

Make a small circle with recorder's foot joint in the air

f

5

Make a small circle with recorder's foot joint in the air

port. **5** **f**

p **Raise recorder slightly & then back.**

port. **TURN REAR (dejectedly)** **flutter tongue**

p

3 **f**

TURN FRONT (with more confidence)

Twist torso to R

ff **5** **6** **Return to Center**

p

ff **b**

Twist torso to L
thrust recorder at imaginary enemy!

ff **b**

STAMP FOOT!

Return to Center

f

3

p

TURN REAR (dejectedly)

TURN FRONT *as if gaining courage*

Start to overblow,
allowing mutliphonics,
then return to pitch

Twist torso to R
then L

STAMP!

TURN
REAR

Raise
recorder
up high

STAMP!

(REAR)

Lower rec. slowly

Gradually, bend a little,
letting shoulders droop;
if tone becomes weaker,
that's OK.

PICK UP TENOR (desperately)

flutter tongue *p*

TENOR REC.

mf

Overblow

fp *fp*

ff

Twist torso so you
are playing over
L shoulder facing audience

Twist torso so you
are playing over
R shoulder facing audience

Transition to
weak whistle
tone)

Musical score for recorder player. The first measure shows a trill (tr) over two notes. The second measure shows a glissando (gliss.) with dynamic o(♯). The third measure shows dynamic mp. The fourth measure shows dynamic ff. The fifth measure shows dynamic p.

Musical score for recorder player. Dynamic pp is indicated. The text "Twist torso to R & thrust recorder out!" is above the staff, and "Twist torso to R & thrust recorder out!" is below the staff. The recorder is shown in a horizontal position.

Musical score for recorder player. The recorder is shown in a vertical position. The text "Lift recorder towards ceiling, hitting highest possible note or noisy multiphonic." is above the staff. The text "Maintain pose (recorder pointed towards ceiling in silence for around 4 sec.)" is below the staff. The text "Lay down Tenor where convenient. Pick up Soprano & face front." is to the right of the staff. Dynamic fff is indicated.

Musical score for soprano recorder. The recorder is shown in a vertical position. The text "Face FRONT Fast!" is above the staff. The text "Face REAR fl.tong." is below the staff. Dynamic f is indicated at the beginning, and dynamic p is indicated at the end.

Musical score for soprano recorder. The recorder is shown in a vertical position. The text "Face FRONT" is above the staff. The text "double tonguing" is below the staff. Dynamic f is indicated.

Face REAR *fl.tong.*

mp

Swing recorder
L and R, pause
briefly then
continue.

Stamp while walking in circle outside stands
until you return to Center.

Stamp while walking in circle outside stands
until you return to Center.

etc. sim.

Still holding the Bb, release R hand. Take hand perc. and shake it while continuing to play recorder, using only the L hand to finger notes. Play any pitch available with only L hand fingering using rhythms below:

Still holding the Bb, release R hand. Take hand perc. and shake it while continuing to play recorder, using only the L hand to finger notes. Play any pitch available with only L hand fingering using rhythms below:

6

Put hand percussion down. Put R hand back on recorder. Facing front, look over R shoulder towards REAR, playing notes below:

(Playing over L shoulder)

t-tr

Now turn over L shoulder while you continue to play and then fully face center.

Overblow

ffs

STOMP FEET
FREELY & JOYOUSLY TO END!

