

Alto Recorder

|

BANISH GLOOM!

for

Soprano

Alto

&

Tenor

Recorders

Ankle Bells & Tambourines

ANNA RUBIN

BANISH GLOOM!

ANNA RUBIN

Player faces front

Freely, poignantly, lyrically

Alto Recorder

Alto Recorder

10/4

mf

f

Make a small circle with recorder's foot joint in the air

mf

f

5

Make a small circle with recorder's foot joint in the air

p

port.

f

Raise recorder slightly & then back.

port.

TURN REAR (dejectedly)

p

flutter tongue

TURN FRONT (with more confidence)

f

3

Twist torso to R

ff

5

6

Return to Center

p

Twist torso to L

thrust recorder at imaginary enemy!

ff

STAMP FOOT!

Return to Center

f

TURN REAR (dejectedly)

p

3

TURN FRONT *as if gaining courage* -----

p *f* *sfz*

Twist torso to R then L Start to overblow, allowing mutliphonics, then return to pitch

mf *ff* *mp* *ff*

STAMP!

TURN REAR

f *ff* *ff*

STAMP!

Raise recorder up high

(REAR)

Lower rec. slowly

Gradually, bend a little, letting shoulders droop; if tone becomes weaker, that's OK.

PICK UP TENOR (desperately)

mf *p* *p*

TENOR REC.

mf *p* *p*

Overblow

fp *fp* *ff*

Twist torso so you
are playing over
L shoulder facing audience

Twist torso so you
are playing over
R shoulder facing audience

Transition to
weak whistle
tone

Face Rear

gliss.

mp *ff* *p*

p *pp*

Twist torso to
R & thrust
recorder out!

Twist torso to
R & thrust
recorder out!

Face R

Face L

Lift recorder towards
ceiling, hitting highest
possible note or noisy
multiphonic.

Maintain pose (recorder
pointed towards ceiling
in silence for around 4 sec.

Lay down **Tenor**
where convenient.
Pick up **Soprano** &
face front.

fff

Face FRONT

Fast!

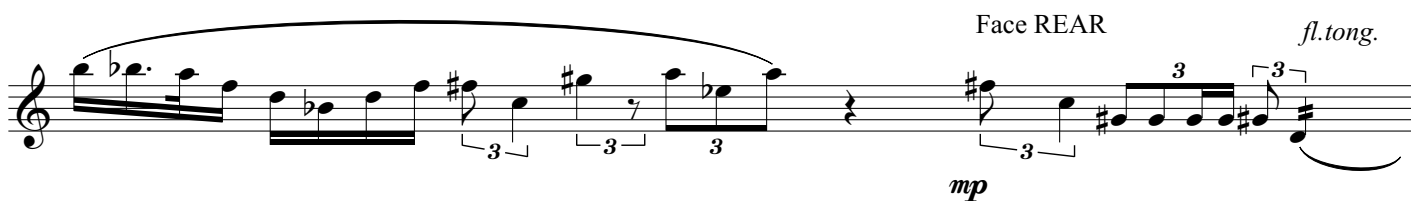
Face REAR

fl.tong.

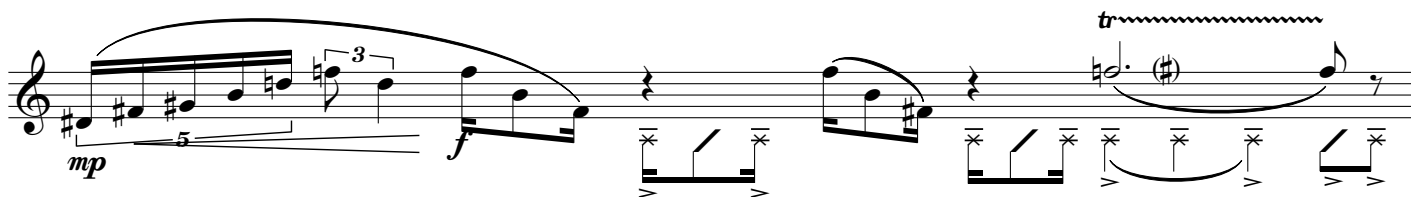
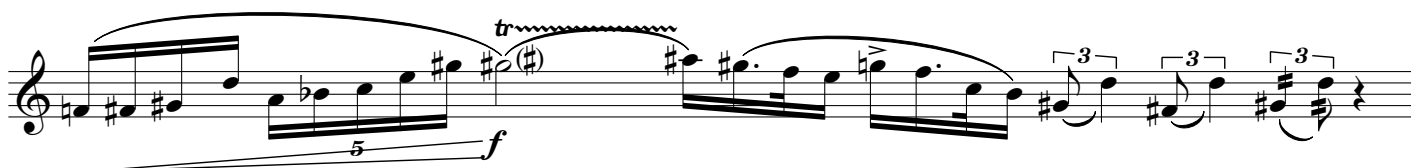
f *p*

Face FRONT

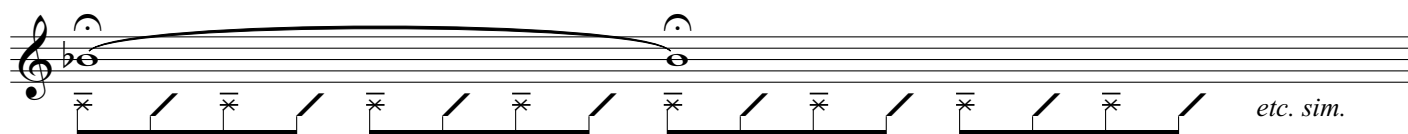
f *double tonguing*



Swing recorder
L and R, pause
briefly then
continue.

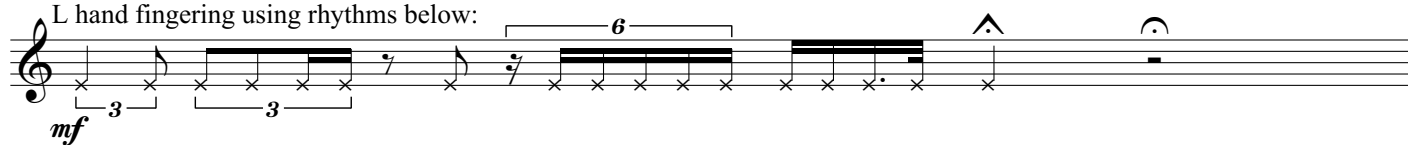


Stamp while walking in circle outside stands
until you return to Center.



Still holding the Bb, release R hand. Take
hand perc. and shake it while continuing to
play recorder, using only the L hand to
finger notes. Play any pitch available with only
L hand fingering using rhythms below:

Put hand percussion down. Put R hand back on
recorder. Facing front, look over R shoulder
towards REAR, playing notes below:



Now turn over L shoulder
while you continue to play
and then fully face center.



